



Student's full name:

MODULE BIOMECHANICS FOUNDATIONS Didactic Unit A: MOVEMENTS

WORKSHOP: MOVEMENT PLANES

You are going to decide the plane and axis that correspond to the following movements according to the teacher's instructions:

FIRST MOVEMENT:



PLANE: _____

AXIS: _____/____







Development of innovative training solutions in the field of functional evaluation aimed at updating of the curricula of health sciences schools





SECOND MOVEMENT:



PLANE: _____

AXIS: _____/____

THIRD MOVEMENT:



PLANE: _____

AXIS: _____/____

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