

TEACHER'S SELF ASSESSMENT

MODULE	BIOMECHANICS FOUNDATIONS
DIDACTIC UNIT	Didactic Unit: F. REQUIREMENTS OF A BIOMECHANICAL ASSESSMENT SYSTEM. CONCEPTS OF VALIDITY, RELIABILITY AND ACCURACY.
TITLE OF ACTIVITY/CLASS	F1. What features should an appropriate biomechanical assessment system count on?

EVALUATION

Based on a questionnaire (true / false)

Read the following sentences and indicate if they are true or false:

1. Biomechanical assessment tests are used as complementary medical tests, but also in other contexts. TRUE.
2. Biomechanical assessment during an activity of daily living such as weight lifting is used to assess the function of the lumbar spine. TRUE.
3. The only two important elements in a biomechanical assessment test are the instrumental technique used and the results. FALSE.
4. Biomechanical tests can be applied to sports medicine and occupational medicine. TRUE.
5. The main requirements of biomechanical assessment tests are precision and accuracy. FALSE.



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