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# MODULE BIOMECHANICS OF GAIT Didactic Unit B: Biomechanical alterations in gait TEACHER'S DOCUMENT: Test solutions

## **EVALUATION TEST**

### QUESTION 1

Which of the below are examples of pathological gait? There might be more than one correct answer

- a) sailor walk
- b) spastic gait
- c) majestic gait
- d) paretic gait
- e) apraxic gait

### QUESTION 2

Which phases of gait are considered in Rancho Los Amigos gait description? There might be more than one correct answer

- a) initial contact
- b) heel contact
- c) midstance
- d) flat foot
- e) terminal stance

### QUESTION 3











### The equation below makes it possible to calculate:

- a) maximum gait velocity
- b) minimum gait velocity
- c) comfort speed
- d) velocity when people start running
- e) the best velocity for elderly people?

 $V_c = a \sqrt{gl}$ 

### **QUESTION 4**

### Picture below presents? There might be more than one correct answer

- a) Heel Plateau
- b) Central Plateau
- c) Central Depression
- d) Forefoot Plateau
- e) vertical component of ground reaction



### **QUESTION 5**

### Which type of walking on crutches is the fastest one?

- a) four-point gait,
- b) three-point gait,
- c) two-point gait,
- d) swing-through gait,
- e) swing-to gait.

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