



Development of innovative training solutions in
the field of functional evaluation aimed
at updating of the curricula of health sciences
schools



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Module Biomechanics of Gait

Didactic Unit C: How do I assess gait?

C.2 What clinical scales exist to assess gait performance?

Self-Questionnaire

Question 1

In Tinetti Mobility Test (TMT) ¿which score is related to mild fall risk?

- A Less than 5 points.
- B 10 to 19 points.
- C More than 28 points.
- D **19 to 24 points.**

Question 2

In the Gait Assessment and Intervention Tool (GAIT) scale ¿which of the following body parts are motion evaluated?

- A **Upper limbs, trunk, pelvis, hips, knees & ankles.**
- B Trunk, pelvis & hips.
- C Upper limbs & lower limbs.
- D Trunk, pelvis, hips, knees & ankles.

Question 3

About the Time UP and Go Test (TUG) ¿which of these following afirmation is correct?

- A Its performance time is about 20 minutes.
- B Is an useful scale to evaluate only healthy elder people.
- C Its performance require a 20 meter leght surface.
- D **Is an useful scale to measure performance of the lower limb function, movility and fall risk.**

Question 4

¿Which one of the following tests is related with cardio-respiratory patients and its level of perceived exertion?

- A Gait Assessment and Intervention Tool (GAIT).
- B Wisconsin Gait Scale (WGS).
- C **6 Minutes Walking Test (6MWT).**
- D Dynamic Parkinson Gait Scale (DYPAGS).

Question 5

The Wisconsin Gait Scale (WGS) was designed to evaluate subjects who suffer:

- A **Cerebrovascular accident.**
- B Parkinson Disease.
- C Huntington Disease.
- D Alzheimer Disease.



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